



PLEASE BRING A SHOWER TOWEL!

CONSENT FORM FOR THE COLONOSCOPY

1. Clarification / Information

A colonoscopy is an examination of the bowel, during which the entire large intestine from the anus to the lower small intestine can be inspected with an endoscope (an optical, flexible instrument used to examine body cavities). This procedure primarily assesses the mucous membrane. Additional instruments allow for the direct removal of tissue samples and the excision of polyps (benign mucosal growths).

The procedure usually causes no pain but may lead to mild discomfort, similar to bloating. In some cases—depending on the location and condition of the bowel (e.g., scarring)—pain may occur. Please inform the examiner immediately if you experience any pain.

You also have the option to receive sedation (inducing a sleep-like state) before the procedure. It is important to note that active participation in road traffic or operating machinery is strictly prohibited for the next 24 hours after sedation. Therefore, please bring a companion or use a taxi for your journey to and from the appointment.

One week prior to the examination, blood-thinning medications (e.g., aspirin, Plavix, Godamed, Clopidogrel, Iscover, Efiënt, Marcumar, etc.) should be discontinued if possible, after consulting with your general practitioner.

2. Complications

A colonoscopy is a low-risk examination method, and complications occur only rarely.

It is possible that, for example, bleeding or a perforation (injury to the bowel) may occur during tissue sampling or polyp removal. Such complications happen in about 1 in 10,000 cases during a colonoscopy without polyp removal, and in approximately 1-2% of cases when polyps are removed.

An occurring complication can be life-threatening and may require additional surgery. In the worst case, this could involve creating a stoma (an artificial opening of the bowel).

3. Behavior after the examination

After the examination, you can resume normal eating.

If polyps are removed during the colonoscopy, you should rest physically in the coming days.

If you experience pain or bleeding from the rectum after the procedure, please contact our practice or your general practitioner immediately. If neither our practice nor your general practitioner is reachable, please contact the Universitätsklinik immediately.

4. Recall after the completed colonoscopy

If you undergo a polypectomy or have findings that require follow-up, we would be happy to include you in our recall program and will contact you in a timely manner to schedule a follow-up appointment.

I would like to use the recall service: Yes No

5. Declaration of consent

Yes, after reviewing the information and instructions mentioned above, I consent to the scheduled colonoscopy with a possible polypectomy if necessary. I have also taken note of the additional information regarding polyp removal.

No, after reviewing the information and instructions mentioned above, I do not consent to the scheduled colonoscopy with a possible polypectomy if necessary.

Place / Date

Signature of the patient or legal guardian

Signature of the doctor